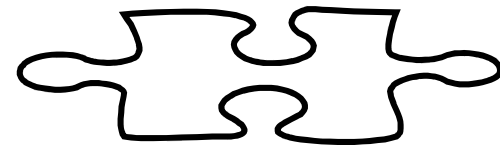




**SOLVING THE
MISSION PUZZLE
FOR YOU!**

Writing a Mission Exercise, Piece #1



- Action Words: Identify three action verbs that are most meaningful, purposeful and exciting to you...use the sheet as a guide.

_____, _____, _____



accomplish

acquire
adopt
advance
affect
affirm
alleviate
amplify
appreciate
ascend
associate
believe
bestow
brighten
build
call
cause
choose
claim
collect
combine
command
communicate
compel
compete
complete

compliment
compose
conceive
confirm
connect
consider
construct
contact
continue
counsel
create
decide
defend
delight
deliver
demonstrate
devise
direct
discover
discuss
distribute
draft
dream
drive
educate
elect

embrace
encourage
endow
engage
engineer
enhance
enlighten
enlist
enliven
entertain
enthuse
evaluate
excite
explore
express
extend
facilitate
finance
forgive
foster
franchise
further
gather
generate
give
grant

heal
hold
host
identify
illuminate
implement
improve
improvise
inspire
integrate
involve
keep
know
labor
launch
lead
light
live
love
make
manifest
master
mature
measure
mediate
model

mold
motivate
move
negotiate
nurture
open
organize
participate
pass
perform
persuade
play
possess
practice
praise
prepare
present
produce
progress
promise
promote
provide
pursue
realize
receive
reclaim

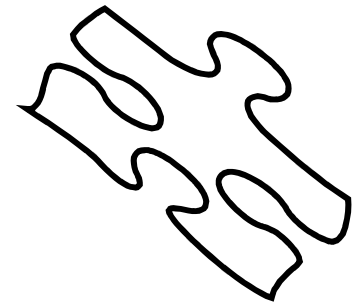
reduce
refine
reflect
reform
regard
relate
relax
release
rely
remember
renew
resonate
respect
restore
return
revise
sacrifice
safeguard
satisfy
save
sell
serve
share
speak
stand
summon

support
surrender
sustain
take
tap
team
touch
trade
translate
travel
understand
use
utilize
validate
value
venture
verbalize
volunteer
work
worship
write
yield





Exercise, Piece #2

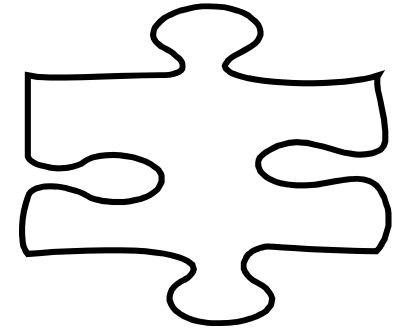


– What do you stand for? What principle, cause or purpose would you be willing to defend or devote your life to?

– What is your core value?

–

Exercise, Piece #3



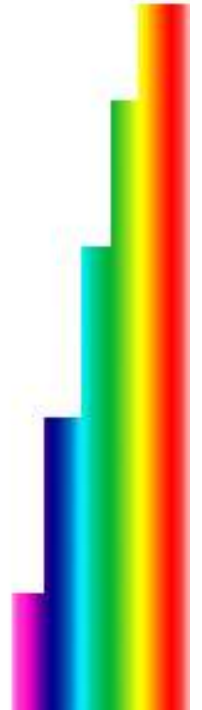
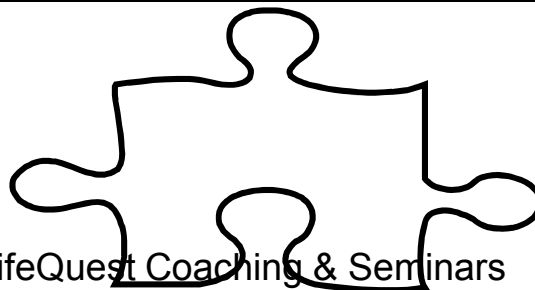
- Think about the things you do in life that:
 - are important to you.
 - you are very passionate about.
 - make you feel a sense of joy.
 - the group or cause which most moves/excites you.



Exercise, Piece #4

- What is your brilliance? What do you do effortlessly and love?
- What is your wiring that you can leverage!

-






Let's put it all together....

My mission is to:

- Puzzle piece #1...
 - My 3 verbs are:
 - _____, _____, _____
- Puzzle piece #2
 - What do I stand for? What are my core values?
 - _____
to, for, or with
- Puzzle piece #3
 - Cause, group, entity, organization I want to impact in a positive way?
What is my legacy?
 - _____
- Puzzle piece #4
 - What are the skills and brilliance I have to MAKE IT HAPPEN!
 - _____



My Mission is to...

- **Puzzle piece #1**
 - **My three verbs:**
 - **My passion is to encourage, empower and energize**
 - **Puzzle piece #2**
 - **What are my core values? What do I stand for in life?**
 - **To make a difference**
 - **Puzzle piece #3**
 - **Passion**
 - **In the lives of women by creating an environment of empowerment to live their best lives.**
 - **Puzzle piece #4**
 - **Brilliance**
 - **I will do this by making a difference one person at a time through my coaching, workshops, creativity, caring and leadership.**
- 



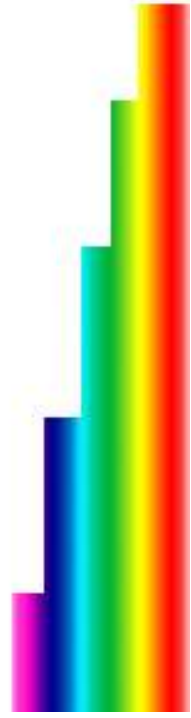
My Mission...

is to encourage, empower and energize to make a difference in the lives of women by creating an environment of empowerment so they can achieve their dreams in life. I will do this by making a difference one person at a time through my leadership, seminars, caring, creativity and coaching!





Other examples

- My mission is to create, nurture, and maintain an environment of growth, challenge, and unlimited potential for all those around me.
 - My mission is to raise a happy family.
 - My mission is to enliven, encourage, and re-inspire the love of music for children in public schools.
- 



Checking your mission statement

- **Inspiring?**
 - **Exciting?**
 - **Clear?**
 - **Engaging?**
 - **Specific to your particular enthusiasm, gifts, and talents?**
 - **Does it encompass a lifetime of activities...Phases of your life?**
 - **Does it cover both work and personal life?**
- 